





The Messenger

MARLA GOLDBERG, PRESIDENT PENNY SHNAY, EDITOR

Winter/Spring 5771



MESSAGE FROM THE PRESIDENT

"Trust yourself. Create the kind of self that you will be happy to live with all your life. Make the most of yourself by fanning the tiny, inner sparks of possibility into flames of achievement." Golda Meir

Marla Goldberg

Shalom Sisters of the wonderful WRJ Midwest District:

Hope this message finds you all well. Every once in a while, the Internet will offer you a gem when you "Google" something: something beyond your expectations. Above is my gem (having searched Golda Meir quotes) to share with you.

When thinking about Jewish women leaders, I could not help thinking about the obvious, Israel's first woman Prime Minister. Israel, in my mind (and hopefully yours), remains a country ahead of the rest of the world in so very many ways—another quote of Golda's: "Pessimism is a luxury that a Jew can never allow himself." So, I will continue to focus on the positives.

One such example is the fabulous WRJ Leadership Conference, held every other year in a different location. Note: the next scheduled one, January 25-27, 2013 is in Cincinnati, Ohio—to kick off our Centennial yearlong celebration. Earlier this month, I was able to join with 10 other Midwest District women, total=168 participants, in San Francisco, for this remarkable event.

It was a tremendous opportunity to immerse ourselves into discovering the work of WRJ, on a large and wide level. Some women seemed to be on the "fast" track for leadership and others slated for the not-so-distant future...all seemed eager and swept up with the energy of dedication, commitment, and discovery.

Overall, the weekend was jam-packed and fairly overwhelming. Shabbat was celebrated and I had the privilege of spending time with our district sisters—getting to know them as well as making myself available for questions and generating ideas and even offering support as we return to our respective sisterhoods to share our developing knowledge.

(continued on page 2)

Want to feel renewed and get connected with many sisters? Come to Kallah—see pages 4 & 5.



(Marla's Message continued)

Having had the opportunity to participate more actively in the Leadership Conference prior to this one, I felt I had the luxury of some extra moments to synthesize what makes the work of WRJ so important. First, I would have to say that there are some very dynamic individuals that make up our WRJ Officers (including our very own Susan Pittelman—serving as WRJ Recording Secretary, who joined us for part of this weekend, coming in for the WRJ Executive Meeting which immediately followed the Conference) and staff who are ready and more than capable of being accessible and helpful to all who reach out.

In addition, as mentioned earlier, our WRJ organization is about to turn 100 years young and we charge ourselves with the mission statement of "ensuring the future of Reform Judaism." As the song goes, "Nobody does it better." In my own words, I see us simply as, "great women, doing great work."

Take a quick look on the WRJ website, <u>www.wrj.org</u>! If you click onto the Programs tab, you can select Sisterhood Leadership Conference 2011 and read more details and see photos from the weekend. Actually, our very own Cyndi Solitro (Temple Sholom, Chicago, IL) is quoted (see the bottom of this page). Speaking of our very own—I just wanted to take a moment and thank the following women with whom I had the great opportunity to share this event. They, like yourselves, "are worth their weight in gold."

Thank you ladies for taking and making the time to invest in Leadership Development—for your district, your sisterhoods, and yourselves—we all are beneficiaries of this endeavor called WRJ. And we remain Stronger, Together!

Leadership Conference Attendees: Rozan Anderson (Temple Beth El, Madison, WI), Janet Buckstein (Lakeside Congregation, Highland Park, IL), Jennifer Cramer (B'nai Jehoshua Beth Elohim, Deerfield, IL), Karen Dillon (North Shore Congregation Israel, Glencoe, IL), Diane Fogel (Temple Israel, Minneapolis, MN), Katie Franks (Temple Emanuel, Davenport, IA), Beth Inlander (Temple Sholom, Chicago, IL), Susan Jones (B'nai Jehoshua Beth Elohim, Deerfield, IL), and Betsy Michel (Temple Israel, Minneapolis, MN).

Wishing you the very best on your WRJ journey—AND looking forward to seeing you at Kallah! Flyer/registration form enclosed and also available on our very own website: www.wrjmidwest.org.

In Sisterhood, Marla Goldberg WRJ Midwest District President Temple Beth Israel, Skokie, IL



Cyndi Solitro, Temple Sholom in Chicago, remarked, "For my first WRJ event, I was overwhelmed with the warmth and the immediate connections I made with women from all over North America. The beautiful Shabbat services and informative learning sessions provided me with the confidence, resources, and insight to think about one day becoming our sisterhood president. Thank you to my sisterhood for the invitation to attend this wonderful conference and to the WRJ leadership for coordinating a valuable experience." Editor's Note: Do you know what makes WRJ Midwest District tick? The following article is the first look at the departments and what they do and who does it. The Department of Service to Sisterhoods will lead off with more to follow.



VP Carol Berger

THE DEPARTMENT OF SERVICE TO SISTERHOODS

Carol Berger (Congregation BJBE, Deerfield, IL) serves as Vice President of this department. Carol moves to this department after serving as Vice President of Development & WRJ Projects and Co-Chair of the 2008 WRJ Midwest District Convention. Her predecessor, Marcy Frost, proudly reports that "our district has a more highly developed Speakers Bureau and AsSISt team than most districts."

The Department of Service to Sisterhoods is comprised of the following committees :

ALUMNAE: Lynne Ballesta (Temple Beth El, Madison, WI). Lynne will be sending letters to outgoing sisterhood presidents in our district who do not serve on the WRJ Midwest District Board in any other capacity to invite them to become a Midwest District Alumna. Next year, Lynne will send letters to those officers and chairs who will not be continuing on the board to invite them to become members of our Alumnae Association.

AsSISt: Sandi Firsel (Temple Chai,) and Terri Argentar (Congregation BJBE) coordinate our AsSISt Team members, which includes our Area Directors as well as some other district leaders. Their vision is to help and encourage sisterhoods in Union of Reform Judaism congregations in our district that are not already affiliated with WRJ to become part of our organization, to help congregations that do not have a sisterhood to start one, to help with retaining sisterhoods, and to provide assistance to sisterhoods in our district in such areas as leadership, membership, nominating, and programming. The Team's most recent success is the affiliation of our newest sisterhood, Congregation Emanu-El of Waukesha, Wisconsin. We were delighted to welcome Sisterhood President Alice Lambie to our Midwest District at our convention in November.

MEMBERSHIP AND OUTREACH: Janet Buckstein (Lakeside Congregation). Janet will be compiling the statistics on membership (both increases and decreases) for the sisterhoods in the district. She will be contacting those in need of assistance as well as congratulating sisterhoods with membership increases.

NOMINATING: Sherri Feuer (Temple Israel). Sherri, the immediate past president of our district, and the nominating committee are charged with creating the slate of officers, area directors, and chairs for our 2012-2014 WRJ Midwest District Board.

SPEAKERS BUREAU: Sue Schneider (Temple Beth Israel). Sue continues in her role of coordinating speakers for Sisterhood Shabbats, meetings, training, Area Days, and more. Each sisterhood is entitled to one speaker each year from WRJ Midwest District, and one speaker every other year from WRJ at no charge. Contact Sue (<u>susanjschneider@comcast.net</u>) to request a Midwest speaker, or Rachel Jurisz at WRJ (<u>RJurisz@wrj.org</u>) to request a WRJ speaker.



Join Jacqueline Marcus, an award-winning, internationally-recognized registered dietitian and nutritionist who mixes culinary, food, fitness, nutrition, and wellness into recipes for success as we explore our spiritual connections and Jewish memories of food and drink. You might like to visit Jacqueline's website: <u>www.fitfoodpro.com</u> and send Jacqueline any questions or comments about food and spirituality to <u>fitfoodpro@aol.com</u>. *She wants to know what you want to know*. We will also study, with Marilyn Weisberg, about the foods and drinks in Torah and even bring home something to spice up our kitchens and our lives.

Schedule

Arrival Friday 4:30 p.m.
Closing Saturday 4:00 p.m.
Bonus Saturday overnight is free; depart Sunday by noon Cost
\$100.00 per person (2 people per room)
* Includes Friday dinner, Saturday - 3 meals, Sunday breakfast
\$25.00 extra fee for non-Sisterhood members
\$50.00 surcharge for a single room if available



Please send a recipe to mweisberg0@gmail.com that brings you to a spiritual time or reminds you of a spiritual moment and we will print them to share. Recipes must be received by March 21 to be included.

Any questsion: Contact Kallah Co-Chairs

Jacqueline Marcus 847-431-4408 fitfoodpro@aol.com Marilyn Weisberg 952-931-9133 mweisberg0@gmail.com

Reservations are due by **Monday, March 21, 2011. Sorry, no refunds after this date.** Make check payable to WRJ Midwest District and send with your reservation form to:

Marcia Koester, 5601 Bernard Place, Edina., MN 55436





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Marcia Koester, 5601 Bernard Place, Edina., MN 55436

Name		
Address		
City,		_Zip
Sisterhood or Congregation		
E-mail (PRINT CLEARLY)		
Phone number		
Dietary Restrictions		
Roommate Request		
Preferred Location (Lodge, Bayit)		
Special Accommodations		



Don't forget to send a recipe to mweisberg0@gmail.com that brings you to a spiritual time or reminds you of a spiritual moment and we will print them to share. **Recipes must be received by March 21 to be included**.

I agree that my name, address, phone number and e-mail can be on the registration list and pictures of me may be used in The Messenger (District newsletter) or by WRJ.

Some Highlights of Convention

Midwest convened for its convention in Bloomington, Minnesota. We were blessed to have WRJ President Lynn Magid Lazar with us who contributed and shared her many skills when leading workshops on membership, leadership, and more.



Highlights included:

- donating a Torah to OSRUI camp (where most of our district events take place and with whom many members have connections—children or themselves as campers)
- new sisterhood Congregation Emanu-el in Waukesha, Wisconsin receiving its gavel and charter.



- wonderful Shabbat worship services (at Temple Israel and our very own Shabbat morning);
- an installation with reception (featuring homemade chocolates made by Temple Beth Israel sisterhood members) for Marla Goldberg.
- a one-woman play "So Kiss me already Hershel Gertz" by Amy Salloway
- Women of Valor and YES Fund luncheons—where many newcomers participated and of course, our business (meetings, plenaries, and a new board orientation) and acknowledging our own Helen Gold and Gloria Miller as Lifetime Members.

We had giraffe awards and heard multiple times from our very own WRJ singers, and probably most importantly, we had a social action project : Kibbitz and Create--making blankets and collecting gloves/scarves for those in need which were donated to the local community. Overall, WRJ Midwest District women had the privilege of discovering that by working together as a district, we create stronger women.



Women of Valor Luncheon



WRJ Midwest Board



Helen Gold & Gloria Miller Lifetime Members



SAVE THE DATE!

Women of Reform Judaism 48th Assembly December 14-18, 2011

Gaylord National Convention Center (Washington, DC vicinity)

Connect with women who share your interests, concerns, love of Judaism, and the special bonds of sisterhood

Learn from distinguished scholars, authors, and experts

Worship with inspirational spiritual leaders, including celebrating Shabbat with 5,000 other Reform Jews

Participate with the Union for Reform Judaism in joint programming and activities

Women of Reform Judaism 633 3rd Avenue, New York, NY 10017 212-650-4050 info@wrj.org www.wrj.org/assembly2011



"I LOVED IT!! Meeting [the WRJ president] was wonderful. Everybody truly wanted to be there and was so excited and willing to share. I can't wait until next time." -4.7th assembly participant



"This was my first WRJ conference and I plan to use a lot of the information I learned in the workshops to further our sisterhood's needs and expectations. I really enjoyed meeting many women from my district and plan to keep in touch with them." -47th assembly participant











Good and Welfare notices now are sent out as part of the monthly Mekasher. This makes them more timely and provides more information.

If you have any joys or sorrows to share with WRJ Midwest District, please send the information to Mae Schwab (maewash@aol.com). Thank you.

SPEAKERS BUREAU

Hi, my name is Sue Schneider, I am the Chair of Midwest District Speakers Bureau. Many of you know how hard it is to come up with a speaker at each meeting, event or Sisterhood Shabbat. I can help you with this problem. We have many women in our organization that are willing to speak at a Sisterhood Orientation, a Sisterhood Shabbat, a leadership training meeting, or other events on your sisterhood calendar. You are allowed a speaker from Midwest District every year and a speaker from Women of Reform Judaism every other year. All you need to do to get a speaker from Midwest District is to either call me at 847-983-8625 or send me an e-mail: <u>susanjschneider@comcast.net</u>. You may also want to yolunteer as one of the speakers within Midwest District



You may also want to volunteer as one of the speakers within Midwest District sisterhood, all I need is for you to contact me and I will have the form ready for you to fill out. It is very easy and takes less than five minutes. Please consider this for

your calendar. I am compiling speeches, sisterhood orientation scripts and D'Varim that have been presented in the past to aid future speakers with ideas.

Thank you,

Sue Schneider, Speakers Bureau Chair

Dear WRJ leaders,

This is a letter sent to WRJ leaders from Shelly Lindauer who has left WRJ as executive director. Her last day was February 28th. She will be missed.

My seven years as executive director have been very special to me; in partnership with our leaders we were able to bring more value to our sisterhoods by developing new programs and materials, building a WRJ "brand", creating a user-friendly website with WRJ resource materials on the leadership dashboard, and many more projects, publications, and programs too numerous to list.

What I am most proud of is the publication of The Torah: A Women's Commentary, which has already made a huge impact on our community and beyond, and will survive for generations to come.

I thank each and every one of you for your commitment to your local communities and to Women of Reform Judaism. With leaders such as you, I know that WRJ will continue to thrive.

The Midrash says:

"What is a person like? Like someone who goes into a perfume maker's shop. Even though they did not take anything ..., they took out with them a wonderful scent. So, too, anyone who walks with the righteous-takes with them some of their good ways and deeds."

I have walked with all of you for seven years; thank you for the good ways and deeds I will take with me.

If you would like to reach me, my personal email is shelley.lindauer@gmail.com.

With warmest regards and fondest memories,

Shelley



WRJ Midwest Board 2010-2012

Executive Committee

President First Vice President VP Service to Sisterhoods VP Devl. & WRJ Projects VP Prog. & Advocacy VP Mark. & Comm. Corresponding Secretary Membership Secretary Recording Secretary Treasurer Immediate Past President

Metro Chicago 1 Metro Chicago 2 Metro Chicago 3 S. Sub/NW Ind/Downstate 1 S. Sub/NW Ind/Down 2 Wisconsin/W. Illinois 1 Wisconsin/W. Illinois 2 MN/ND/SD 1 MN/ND/SD 2 IA/NE

Alumnae AsSISt

Membership & Outreach Nominating Speakers Bureau Camp

Lifeline/Circle/YES Fund

WRJ Projects Bylaws Revisions Data Management/Directory Historian The Messenger Website Critical Issues/Social Action Kallah

Programming Religious Rituals/Worship Rhoda Hauptman

Youth

Executi Marla Goldberg Marcy Frost Carol Berger Esther Schak Marilyn Oskin Ilene Lanin-Kettering Mae Schwab Joann Hill Marcia Bannon Laura Cooper Sherri Feuer

Lynne Turry Julie Newman Alese Goers Kristin Stern Adina Sutlin Sue Center Jodi Oskin Harris Harriet Krasnoff Sue Stein

Marlen Frost

Lynne Ballesta Sandi Firsel Terri Argentar Janet Buckstein Sherri Feuer Sue Schneider Michelle Scheinkopf Peggy Rubenstein Helen Gold Adrianne Daskal Dolly DeCaro Susan Pittelman Linn Ullenbrauck Peggy Kipp Penny Shnay Gayle Hachen Julia Ziev Jacqueline Marcus Marilyn Weisberg Marsha Cooper Diane Frichol Sheila Schuman Liz Mack Naomi Shapiro

Temple Beth Israel Temple Israel BJBE Temple Israel **Temple Sholom** Beth Tikvah Congregation Temple Chai Temple Emanuel Temple Emanuel Temple Beth Israel Temple Israel **Area Directors** Temple Chai Temple Beth-El Beth Tikvah Congregation Temple Beth-El Sinai Temple Temple Beth El Temple Beth El Bet Shalom Congregation Mount Zion Temple Temple Israel Chairs Temple Beth El Temple Chai BJBE Lakeside Congregation Temple Israel Temple Beth Israel North Shore Cong. Israel North Shore Cong. Israel Temple Beth-El BJBE BJBE **Congregation Shalom** Temple Beth Israel Mount Zion Temple **BYBS** Temple Beth-El Temple Anshe Sholom North Shore Cong. Israel Temple Israel Oak Park Temple Mt. Zion Temple Mount Zion Temple Temple Israel Bet Shalom Congregation

Skokie. IL Minneapolis, MN Deerfield. IL Minneapolis, MN Chicago, IL Hoffman Estates, IL Long Grove, IL Davenport, IA Davenport, IA Skokie, IL Minneapolis, MN Long Grove, IL Northbrook, IL Hoffman Estates, IL Munster. IN Michigan City, IN Madison, WI Madison. WI Minnetonka, MN St. Paul. MN Omaha, NE Madison, WI Long Grove, IL Deerfield, IL Highland Park, IL Minneapolis, MN Skokie, IL Glencoe. IL Glencoe, IL Munster, IN Deerfield, IL Deerfield, IL Milwaukee, WI Skokie, IL St. Paul. MN Homewood, IL South Bend, IN Olympia Fields, IL Glencoe, IL Minneapolis, MN Oak Park, IL St. Paul. MN St. Paul. MN Minneapolis, MN Minnetonka, MN



Check us out at <u>www.wrjmidwest.org</u>. There you will find out up-to-date information, calendar, ideas for your sisterhood, useful links to other sites, photos, messages from our president and WRJ, and much more.

Editors Note: If you want to receive a hard copy, please e-mail plshnay@sbcglobal.net







DATES TO REMEMBER

April 1-3, 2011 WRJ Midwest District Kallah—OSRUI Executive Committee Meeting—OSRUI, April 1

> May 21-23, 2011 WRJ Board Meeting, New York City

September 16-18, 2011 WRJ Midwest Interim Board Meeting and Leadership Retreat—OSRUI Executive Committee, OSRUI, September 16

> December 14-18, 2011 WRJ 48th Assembly, Washington, DC

April 27-29, 2012 WRJ Midwest District Kallah—OSRUI Executive Committee Meeting—OSRUI, April 27